

BIOGRAPHICAL SKETCH

Provide the following information for the Senior/key personnel and other significant contributors.
Follow this format for each person. **DO NOT EXCEED FIVE PAGES.**

NAME: Barbara Ball

eRA COMMONS USER NAME (credential, e.g., agency login):

POSITION TITLE: Senior Research Associate, Texas Institute for Child & Family Wellbeing, Steve Hicks School of Social Work, University of Texas at Austin

EDUCATION/TRAINING *(Begin with baccalaureate or other initial professional education, such as nursing, include postdoctoral training and residency training if applicable. Add/delete rows as necessary.)*

| INSTITUTION AND LOCATION | DEGREE <i>(if applicable)</i> | Completion Date MM/YYYY | FIELD OF STUDY |
|---|--------------------------------------|----------------------------|--|
| Universities Cologne and Heidelberg, Germany | Intermediate Examination in Medicine | 1983-1987 | Medical School |
| State Accredited College of Art Therapy at Nürtingen, Germany | Diploma in Art Therapy | 1987-1991 | Art Therapy |
| New York University | M.A. | 1992-1994 | Art Therapy |
| New York University | Ph.D. | 1994-1998 | Art Education (Interdisciplinary work in Art Therapy, Psychology and Psychotherapy Process Research) |

A. Personal Statement

Dr. Ball is a Senior Research Associate at the Texas Institute for Child & Family Wellbeing at the Steve Hicks School of Social Work, University of Texas at Austin. Her research focuses on understanding pathways to relational permanency for child welfare involved youth and the reduction of risk behaviors including dating and sexual violence and teen pregnancy.

Dr. Ball is Co-Principal Investigator for two multi-year projects. The Texas Youth Permanency Study (TYPS), a five-year longitudinal study of youth in foster care, examines factors that increase relational permanency and social emotional wellbeing and their impact on long-term outcomes. The Texas Foster Youth Health Initiative (TFYHI) is a statewide learning community that builds relationships across child welfare and adolescent health systems to promote optimal health for child welfare-involved youth. Information and skill-building efforts target youth and their caregivers, promote brave conversations about sexual health, pregnancy prevention, and healthy relationships, and increase capacity in organizations and communities. Youth are engaged in intervention design and development of a peer-mentor program.

Prior to joining the Institute Dr. Ball worked for 15 years at the SAFE Alliance in Austin as Director for Evaluation and Training of Expect Respect, a teen dating and sexual violence prevention program. She was the primary author of the Expect Respect program manual, provided training locally and nationally, and coordinated the program evaluation in collaboration with the Centers for Disease Control and Prevention. She

also chaired community coalitions and assisted school districts with development of policy, staff training, and parent workshops. She is involved in community planning efforts and advocates for the prevention of adverse childhood experiences and increased support for children exposed to violence.

B. Positions and Honors

Professional Experience

1997-1999 Assistant Research Scientist, New York University, New York
1997-1999 Adjunct Faculty, Graduate Art Therapy Program, New York University, New York
2000-2001 Adjunct Faculty, Kunsttherapie Berlin, Germany, Kolleg für Weiterbildung und Forschung
2001-2002 Group Home Therapist, Five Acres Boys' and Girls' Aid Society of Los Angeles
2001-2003 Adjunct Faculty, Loyola Marymount University, Graduate Department for Marital & Family Therapy
2003–2006 School-based Counselor, Expect Respect Program, SafePlace Austin
2008-2012 Project Director for Start Strong Austin, SafePlace Austin
2005–2015 Program Evaluation Specialist, Expect Respect Program, SafePlace Austin
2015- 2019 Director for Program Evaluation & Training, Expect Respect, a program of the SAFE Alliance
2019 - Senior Research Associate, Texas Institute for Child & Family Wellbeing, University of Texas at Austin

Community Service

2015-2019 Travis County Children's Mental Health Plan, Planning Group
2011-2015 Steering Committee on Children & Youth, Community Indicator Project, Ready-by-21
2010-2012 Co-Chair, Children and Youth Mental Health Planning Partnership
2004–2006 Director, Board of Directors of the American Art Therapy Association
2001–2004 Member of the Research Committee of the American Art Therapy Association

Honors

1992-1994 Fulbright-Scholarship.
1995/1996 Dean's Grant for Student Research, New York University, School of Education.
1998 Ascona Prize for Research in the Creative Arts Therapies (Société Internationale de Psychopathologie de l'Expression et d'Art-Thérapie, Paris and International Association for Arts, Creativity and Therapies, Basel).

Professional License

Licensed Professional Counselor in Texas with Art Therapy Specialty Designation, LPCAT
Registered and Board Certified Art Therapist (American Art Therapy Association), A.T.R.-BC

C. Contributions to Science

Publications in Peer-Reviewed Journals:

Ball, B., Sevillano, L., Faulkner, M., & Belseth, T. (2020). Agency, genuine support, and emotional connection: Experiences that promote relational permanency in foster care. *Children and Youth Services Review*, 121, 105852

Reidy, D.E., Holland, K.M., Cortina, K., **Ball, B.**, and Rosenbluth, B. (2017). Evaluation of the Expect Respect support group program: A violence prevention strategy for youth exposed to violence. *Journal of Preventive Medicine*, 100, 235 - 242

Reidy, D.E., **Ball, B.**, Houry, D., Holland, K.M., Valle, L.A., Kearns, M.C., Marshall, K.J. and Rosenbluth, B. (2016). In Search of Teen Dating Violence Typologies. *Journal of Adolescent Health*, 58, 202-207

Ball, B., Holland, K., Marshall, K., Lippy, C., Jain, S., Souders, K. and Westby, R. (2015). Implementing a Targeted Teen Dating Abuse Prevention Program: Challenges and Successes Experienced by Expect Respect Facilitators. *Journal of Adolescent Health*, 56, S40-S46

Ball, B., Teten, A., Noonan, R., Valle, L., Hamburger, M., Rosenbluth, B. (2012). Expect Respect Support Groups: Preliminary Evaluation of a Dating Violence Prevention Program for At-Risk Youth.

Violence Against Women.

- Ball, B.** & Rosenbluth, B. (2010). Where Teens Live: Taking an Ecological Approach to Dating Violence Prevention. In L. Lockhart & F. Danis (Eds.). *Domestic Violence: Intersectionality and Culturally Competent Practice*. New York: Columbia University Press.
- Teten, A. L., **Ball, B.**, Valle, L.A., Noonan, R., & Rosenbluth, B. (2009). Considerations for the Definition, Measurement, Consequences, and Prevention of Dating Violence Victimization among Adolescent Girls. *Women's Health*, 18(7), 932 – 927.
- Rosenbluth, B., Whitaker, D., Valle, L.A., & **Ball, B.** (2010). Integrating Strategies for Bullying, Sexual Harassment and Dating Violence Prevention: The Expect Respect Elementary School Project. In D. Espelage and S. Swearer (Eds.). *Bullying in North American Schools*. New York: Taylor and Francis.
- Ball, B.**, Kerig, P. & Rosenbluth, B. (2009). "Like a Family But Better Because You Can Actually Trust Each Other." The Expect Respect Dating Violence Prevention Program For At-Risk Youth. *Health Promotion Practice*, 10, 45S-58S.
- Clinton-Sherrod, A.M., Morgan-Lopez, A.A., Gibbs, D., Hawkins, S.R., Hart, L., **Ball, B.**, Irvin, N., & Littler, N. (2009). Factors contributing to the effectiveness of four school-based sexual violence interventions. *Health Promotion Practice*, 10, 19S-28S.
- St. John, P., Kaiser, D. & **Ball, B.** (2004) Teaching research: A survey of art therapy educators. *Art Therapy: The Journal of the American Art Therapy Association*.
- Ball, B.** (2002). Moments of change in the art therapy process. *The Arts in Psychotherapy*, 29, 79 – 92.

Other Publications:

- Ball, B.**, Rosenbluth, B., Aoki, A., Greene, M., & Randolph, R. (2019). *Expect Respect: Promoting Safe and Healthy Relationships for Youth*. Austin, TX: SAFE.
- Ball, B.**, Rosenbluth, B., Aoki, A., Randolph, R. (2008). *The Expect Respect Program Manual*. Austin, TX: SafePlace.

Selected Presentations:

- 2021 "Factors that help youth achieve relational permanency – Findings from the Texas Youth Permanency Study" – Presented at the SSWR Annual Conference, Virtual Conference.
- 2017 "Skills for Healthy Relationships – Essential for Success in School, College, Work and Life." Presented at the Ready-by-21 National Meeting, Austin, TX.
- 2016 "Promoting Healthy Relationships Among Youth Exposed to Violence." Presented at 12th Annual Strengthening Youth & Families Conference, Arlington, TX.
- 2014 "Implementing Expect Respect Support Groups for Teens Exposed to Violence - A Qualitative Study of Facilitators' Experiences and Perspectives." Presented at Society for Prevention Research, Annual Conference in Washington, DC.
- 2013 "Lessons Learned from Start Strong." Panel Discussion with Federal Agencies in Washington DC
- 2012 "Expect Respect Support Groups: Developing a Model of Change for Dating Violence Prevention with At-risk Youth." Presented at Society for Prevention Research Annual Conference in Washington, DC.
- 2011 "Changing the Whole School for the Better: Expect Respect's Community Level Primary Prevention Model for Schools." Presented at the Building Healthy Futures III Conference, Virginia Sexual and Domestic Violence Action Alliance.

- 2011 "Middle School Matters: Promoting Healthy Relationships and Preventing Teen Dating Violence." Panel with Debbie Lee and Casey Corcoran, 17th International Conference on Violence, Abuse and Trauma, San Diego, CA.
- 2010 "Developing Instruments to Evaluate the Expect Respect Teen Dating Violence Prevention Program." Presented at the National Summit on Interpersonal Violence and Abuse Across the Lifespan, Dallas, TX
- 2010 "Expect Respect: A School-Based Program for Preventing Teen Dating and Sexual Violence and Promoting Safe And Healthy Relationships." Presented at the Conference for Evaluating Community-Based Risk Prevention Programs for Youth: Informing Abstinence Education in Arlington, VA
- 2010 "Understanding School Prevention Policies." Webinar series for CDC Violence Prevention 2010 Web Conference and Learning Exchange, Delta Prep Programs
- 2008 "Expect Respect: Preliminary Program Evaluation Results." Presented at the Centers for Disease Control and Prevention, Atlanta.
- 2007 "Expect Respect: Taking an Ecological Approach to Teen Dating Violence Prevention." Invited presentation at the Teen Dating Violence Research Conference in Washington, DC.
- 2007 "Dating Violence Prevention for At-Risk Youth: Change Processes in Expect Respect Support Groups." Presented at the American Society for Criminology Conference in Atlanta, GA.
- 2007 "Expect Respect: A Comprehensive Teen Dating Violence Prevention Program." Presented at the National Institute of Justice Conference in Washington, DC.
- 2007 "Dating Violence Prevention for At-Risk Youth: Evaluation of Expect Respect Support Groups Implemented in 2005-2006" Co-presented with Merle Hamburger and Dyanna Charles (CDC) at the 10th International Family Violence Research Conference in New Hampshire.
- 2006 "Expect Respect: A Dating Violence Prevention Program." Poster presentation at the CHPR Conference on Advancing Women's Health at UT Austin.
- 2005 "Strategies for Program Evaluation in School-Based Dating Violence Prevention." Presented at the 9th International Family Violence Research Conference in New Hampshire
- 2005 "Program Development and Program Evaluation in Dating Violence Prevention." Presented at the School-Based Prevention Meeting by the National Center for Missing and Exploited Children, Alexandria, Virginia.
- 2005 "School-Based Strategies in Dating Violence Prevention." Presented at the Institute on Domestic Violence and Sexual Assault, School of Social Work, University of Texas at Austin.
- 2004 "Linking Process and Outcome Research: What Works in Art Therapy and Why?" Presented at the 35th Annual Conference of the American Art Therapy Association, San Diego, CA.
- 2001 "Bridging the Gap between Art Therapy Research and Practice." presented at the 32nd Annual Conference of the American Art Therapy Association, Albuquerque, NM.
- 2000 "Researching Moments of Change in the Art Therapy Process." Presented at the 31st Annual Conference of the American Art Therapy Association, St. Louis.
- 2000 "Integrating Research, Practice and Theory in Art Therapy." Presented at the International Jubilee Congress of the World Psychiatric Association, Paris.
- 2004 "Linking Process and Outcome Research: What Works in Art Therapy and Why?" Presented at the 35th Annual Conference of the American Art Therapy Association, San Diego, CA.
- 2001 "Bridging the Gap between Art Therapy Research and Practice." presented at the 32nd Annual Conference of the American Art Therapy Association, Albuquerque, NM.
- 2000 "Researching Moments of Change in the Art Therapy Process." Presented at the 31st Annual Conference of the American Art Therapy Association, St. Louis.
- 2000 "Integrating Research, Practice and Theory in Art Therapy." Presented at the International Jubilee Congress of the World Psychiatric Association, Paris.

D. Additional Information: Research Support and/or Scholastic Performance

Recent Proposals:

DHHS Health and Human Services, Office of Population Affairs, Research to Practice Center Grants for Adolescent Health Promotion in Order to Prevent Teenage Pregnancy

Submitted 8/4/2020

Center for Adolescent Health Promotion for Youth Serving Professionals, a partnership between researchers at the Texas Institute for Child and Family Wellbeing at the University of Texas at Austin ("TXICFW"), the Healthy Teen Network, and a Research Alliance comprised of researchers, practitioners, and those with lived experience in out-of-home care.

Role: Co-Principal Investigator with Dr. Faulkner

Not funded

DHHS Health and Human Services, Office of Population Affairs, TPP Tier 2 Innovation and Impact Network Grants: Achieving Optimal Health and Preventing Teen Pregnancy in Key Priority Areas

Texas Foster Youth Health Initiative

7/15/2020 – 6/30/2023

The Texas Institute for Child & Family Wellbeing partners with the [Texas Campaign to Prevent Teen Pregnancy](#), the [Texas Alliance of Child and Family Services](#), [Healthy Futures of Texas](#) and the [North Texas Alliance to Reduce Unintended Pregnancy in Teens](#) (Ntarupt) to coordinate and support a multidisciplinary network and learning community that will develop and test cutting edge sexual health interventions for youth in foster care and their caregivers.

Role: Co-Principal Investigator with Dr. Faulkner

Funded: \$5,400,000

Small Grants Program, Steve Hicks School of Social Work, University of Texas at Austin

8/15/2019 – 12/31/2020

Learning About Healthy Relationships: The Experiences of Young Adults Aged Out of Foster Care

This exploratory study investigated (1) how youth living in foster care explore romantic and intimate relationships, (2) how relationships with caregivers and other important adults impact what they learn about healthy, respectively unhealthy relationships, and (3) how their emerging understanding of themselves and others shapes the formation of relationships as young adults.

Role: Co-Principal Investigator with Dr. Faulkner

Funded: \$20,000

Office on Violence Against Women, Consolidated Youth and Engaging Men Program

9/1/2019 – 8/31/2022

Collaborative project led by SAFE's Expect Respect Program. **Manor Girls Matter** develops, expands, or strengthens coordinated community responses focused on prevention of and response to sexual assault, domestic violence, dating violence, stalking, and sex trafficking in middle and high schools.

Role: Principal Investigator (left SAFE prior to project start)

Funded: \$500,000

UT Austin, Dell Medical School, Center for Youth Mental Health

Submitted 6/1/2018

Expect Respect Support Groups: Integrating violence prevention and mental health promotion

Role: Project Director

Funding Amount Requested: \$50,000.

One of four finalists. Not Funded.

Completed Collaborative Projects:

Office on Violence Against Women, Consolidated Youth Program **10/1/2014 – 9/30/2018**
Collaborative project led by SAFE's Expect Respect Program in partnership with Manor Independent School District, Travis County Sheriff's Office, Travis County Family Violence Task Force, Travis County Office of Children's Services, Con Mi Madre and the African American Youth Harvest Foundation. The collaborative supports children and youth exposed to violence, engages parents and youth in prevention programs, increases community awareness of domestic, dating and sexual violence, and promotes a safe and responsive school environment.
Role: Principal Investigator, Project Director
Funding Amount: \$999,975

Robert Wood Johnson Foundation, Start Strong: Building Healthy Teen Relationships **12/1/2008– 11/30/2012**
Comprehensive 4-year initiative designed to promote healthy relationships and reduce teen dating and sexual violence. Implementation of a community-wide prevention program targeting 6th – 8th grade students.
Role: Principal Investigator, Project Director
Funding Amount: \$1,000,000

Completed Research Support:

Centers for Disease Control and Prevention Contract 200–2010-34099 **8/28/2010 – 8/31/2015**
Controlled outcome evaluation of Expect Respect Support Groups, a teen dating violence prevention program for at-risk middle and high school students, in 3 school districts.
Role: Principal Investigator
Funding Amount: \$997,984

Research Triangle Institute (RTI) International, Subcontract 23-47U-8235
Primary Contract, Centers for Disease Control and Prevention 200-2001-00123 **9/01/05 - 8/31/06**
Pilot study evaluating Expect Respect support groups including development of survey instruments. Dissemination of Expect Respect in Ohio. Development of program manual for program replication.
Role: Program Evaluation Specialist for SafePlace

Centers for Disease Control and Prevention 200-2001-00123 **9/01/03 - 8/31/05**
Evaluation Assistance for Projects Designed to Prevent First-Time Male Perpetration of Sexual Violence and cross-site analysis of four promising programs. Expect Respect developed outcome measures and conducted a qualitative study of the participants' experiences in Expect Respect Support Groups.
Role: Evaluation Team Member at SafePlace' Expect Respect Program.

E. Technical Skills

Proficient in: Microsoft Words and SPSS
Other Languages: German, French